

Eating

Third Edition

A documentary film

"A compelling and often shocking look at the standard American diet."
"...asserts that following federal nutrition guidelines can kill you."
American Library Association

"Rivet yourself to your chair and watch Eating, a mind-blowing video experience that will forever change the way you think about food."
Joel Fuhrman, M.D., author of Eat To Live

"Eating is a brilliant program, showing a side of the food industry that many will find shocking. It also provides an easy and engaging path to health through good food. I highly recommend it."
Neal Barnard, M.D., author of Breaking the Food Seduction

"I want both to congratulate and to thank you. You've done us all a major service."
John Robbins, author of Diet For a New America

Don't miss the Eating experience! 88 minutes that will change your life!

www.RaveDiet.com

OPEN TO THE PUBLIC